

**EXAMPLE OF HOW  
TO CALCULATE  
YOUR FOOT SIZE**



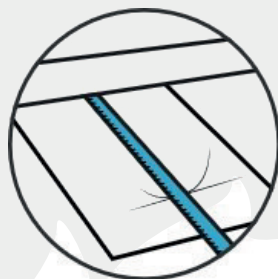
Step 1

Place an A4 sheet of paper against a wall and place your foot on it, with your heel up against the wall.



Step 2

Use a pencil, held at 90° to draw a straight line at the end of your big toe.



Step 3

Use a measuring tape to measure your foot and choose the **LONGEST MEASUREMENT IN CM.**

ALWAYS ADD AT LEAST  
1.00 CM TO THE  
SIZE OF YOUR FOOT,  
AS MEASURED

**LENGTH  
TO SIZE**

**LENGTH CM**

**SIZE**

28,1

39

28,3

40

28,5

41

29,2

42

29,9

43

30,5

44

31,2

45

31,9

46

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SIZE OF YOUR FOOT,  
AS MEASURED